



## Immerse yourself in a day of practical learning

The two-day curated Forum is preceded by a day of workshops, including:

*The Embodiment of Power - How Experiences of Agency and Appeasement affect Posture, Gesture and Action* with Molly Tipping

*Interdisciplinary perspectives in arts and health* with Prof Michael Balfour and team

*Collaboration and creating together* with poet Anne-Marie Te Whiu

*Perinatal Dreaming and visual matrix evaluation* with Marianne Wobcke

*Everyday steps to address everyday harm* with Prof Karen Fisher and team

## Decolonise and reinvent

Engage with global pioneers, sharing inspiring examples of transformative cultural and community projects conceived within a decolonising framework – including safe homes for young people experiencing suicidal distress, immersive workshops for breaking cycles of trauma, anti-gaslighting media and models of revolutionary therapeutics. Learn what works, yarning with community leaders.

*Presenters include: Jeffrey Ansloos, Cree (Fisher River Cree Nation) scholar, Uti Kulintjaku Ngangkari (healers) and artists of the NPY Women's Council*



## Being seen / Being heard

How do we design contexts for being seen and heard – and build the reflective skills for being present to ourselves and others in a relational setting? Explore the micropolitics of lived experience and creative collaboration with international leaders in psychosocial practice and design.

In the culminating session, **Introduction to Life on Earth**, Alinta McGrady and Marianne Wobcke combine Indigenous knowledge and creative techniques for moving through fear to dreaming the future.



## Step into the consulting room

Have a chat with prototype AI characters, including psychotherapist, Lou and dementia advocate, Viv; experience the Listening Room by artist Sherre de Lys; meet with a movement practitioner or engage with our brand new range of worldmaking Virtual Reality experiences.

The 'consulting room' is reimaged as a conceptual sculpture, framing a range of experiences that will be unpacked in reflective sessions and workshops.

**Days 2&3 are designed as an integrated immersive forum, building skills and insight. Attendance for the full 2 days is recommended. Tickets on sale now - don't miss out!**

